



**CSU, Inc.  
Annual Meeting/Potluck  
Monday, June 16<sup>th</sup>**

When: 7 – 10 pm  
Where: Pat Robinson & Henry Finch Home  
153 Windsor Street  
Waban, MA  
Please join us for the annual CSU meeting  
and potluck dinner.  
RSVP to Gail Breslow, [Gail@csurun.org](mailto:Gail@csurun.org)

**Seeking 30 CSU  
Volunteers for the  
Corporate Challenge  
Tuesday, June 24<sup>th</sup>**

Time: Check-in 6 pm, volunteer 'til 8 pm  
Where: Boston Common  
Contact: Gail Breslow, [Gail@csurun.org](mailto:Gail@csurun.org)

Friends & family members are welcome to  
volunteer. Drag them along if you can!  
CSU earns \$30 per volunteer, which goes  
towards race fees & CSU events!

**CSU is proud of all the  
Boston Marathon  
Runners!**

**Congratulations, everyone!**

*Thanks to Patrick Bugbee & Elizabeth Utz for  
hosting an awesome CSU Carbo-Load Party!*

**CSU Presidential  
Traverse  
Saturday, June 28<sup>th</sup>**

Join CSU for a hike across the Presidential  
Mountain Range on Saturday, June 28.

The trek is 20+ miles with about 9,000 ft  
elevation change. Sound like fun?!

More details to come via the CSU listserv.  
Please contact Julie Weisman,  
[julie@weismans.net](mailto:julie@weismans.net) to RSVP or for more  
information.

**Any Given Saturday:  
CSU-Sponsored  
Fresh Pond Race**

Race at Fresh Pond every Saturday morning  
(10 am start), or sign up to volunteer with  
Diane McLaughlin at [laugh@mit.edu](mailto:laugh@mit.edu).

Because of CSU's commitment to the  
Saturday morning races, the official  
Thursday night summer race series is  
suspended. But stay tuned to the list-serv:  
informal tempo runs at the Pond will be  
scheduled Thursday nights from time to time.

**Gear Up with CSU!**

Remember that you must wear CSU gear at  
USATF-NE Grand Prix races if CSU is sponsoring  
your participation. Check the web site at  
[www.csurun.org](http://www.csurun.org)  
for information about purchasing singlets & more.



**WEEKLY:**

**Tuesday:** Track Workouts at 6:15pm at Harvard University Track - Watch for Weekly Info on [csurun.org](http://csurun.org), listserve, & Facebook or contact [Terry@csurun.org](mailto:Terry@csurun.org)  
**Saturday:** Fresh Pond Races year-round, rain, snow, or shine (10:00 am start)

**2014 USATF Grand Prix Series**

Sun., June 15	9:15 am	Ribfest 5 Miler	Merrimack, NH
Sun., Aug 31	9:00 am	GMAA Labor Day 15K	South Burlington, VT
Sun., Sept. 14	9:00 am	Lone Gull 10K	Gloucester, MA
Sun., Nov. 2	8:50 am	Manchester City Marathon	Manchester, NH

*Be sure to "subscribe" with CSU and renew your USATF membership <at [www.usatfne.org](http://www.usatfne.org)> to participate in the 2014 Grand Prix Series, score points for CSU, and have race entries paid by CSU.*

**2014 New England Runner Pub Series Schedule**

Sun., May 18	Evan's Run 5K	Norwell, MA
Sun., June 1	Corrib Pub 5K	West Roxbury, MA
Sun., July 20	East End Pub 5M	Lowell, MA
Sun., Oct. 5	Bernie's Run 5K	Dedham, MA
Sun., Oct. 19	Paddy's Shillelagh Shuffle 3M	West Newton, MA

*Remember, you need to subscribe to the magazine to get the jacket, more info: [www.nerunner.com](http://www.nerunner.com)*

**RACE IDEAS FOR May/June 2014 and beyond – Consider the USTAF-NE Mountain Series!**

Sun., May 4	Sleepy Hollow Mt. Race
Sun., May 11	Pack Monadnock
Sat., May 24	Wachusett Mountain
Sun., June 8	Ascutney Mt. Challenge
Sun., July 6	Loon Mountain Race (USA & Collegiate Mountain Champs)
Sun., July 20	Cranmore Hill Climb
Sat., Oct 4	Bretton Woods Fell Race

*And good luck to all the Mt. Washington Road Race runners on June 21<sup>st</sup>!  
(Remember, there's only one hill!)*

**CSU ANNOUNCEMENTS.**

- *Have a Ride or Need a Ride? if you are driving to a CSU event/race or need a ride -- please share that info on the CSU list-serv or website!*
- *New Members – Please contact Gail Breslow, [gail@csurun.org](mailto:gail@csurun.org), or Catherine Cagle, [cat@csurun.org](mailto:cat@csurun.org), so we can welcome you and introduce you to others!*

To subscribe to CSU's mailing list, go to:  
<http://mailman.mit.edu/mailman/listinfo/csul>

Editors: Catherine Cagle & Gail Breslow

CSU Calendar  
The calendar of  
Cambridge Sports Union  
c/o 19 Appleton Street  
Waltham, MA 02453