



## CSU, Inc.

### Annual Meeting/Potluck Mon., June 22nd

When: 7 – 10 pm

Where: Pat Robinson & Henry Finch Home  
153 Windsor Street  
Waban, MA

Please join us for the annual CSU meeting  
and potluck dinner.

RSVP to Gail Breslow, [Gail@csurun.org](mailto:Gail@csurun.org)

## Save the Date! CSU Presidential Traverse

### Saturday, June 13<sup>th</sup>

Join CSU for a hike across the Presidential Mountain Range on Saturday, June 13th. The trek is 20+ miles with about 9,000 ft elevation change. Sound like fun?! ☺ More details to come via the CSU listserv. RSVP Julie Weisman, [julie@weismans.net](mailto:julie@weismans.net)

## Important! CSU Dues Due

If you are not sure if your dues are current, please check in with Geoffrey Kent, [geoffreykent@yahoo.com](mailto:geoffreykent@yahoo.com)

## Seeking 30 CSU Volunteers for the Corporate Challenge Thursday, June 11<sup>th</sup>

Time: Check-in 6 pm, volunteer 'til 8:15 pm

Where: Boston Common

Contact: Gail Breslow, [Gail@csurun.org](mailto:Gail@csurun.org)

Friends & family members are welcome to volunteer. Drag them along if you can! CSU earns \$30 per volunteer, which goes towards CSU race fees & events!

## Bravo, Boston Marathon Runners!

Congratulations, everyone! Big thanks to Patrick Bugbee & Elizabeth Utz for hosting a really fun CSU Carbo-Load Party!

## CSU Fresh Pond Race Every Saturday!

Race at Fresh Pond every Saturday morning (10 am start), or sign up to volunteer with Diane McLaughlin at [laugh@mit.edu](mailto:laugh@mit.edu) Race starts and finishes at the CSU banner.

## CSU @ Red Sox Monday, June 15th

Watch the listserv for more information on tickets very soon!

## Mt. Washington Volunteers Needed

If you want to help out on June 20<sup>th</sup>, contact Lauren Ballou, [lalloaa@gmail.com](mailto:lalloaa@gmail.com)

## July CSU Ice Cream Bicycle Tour

Save Sunday, July 26<sup>th</sup> for the Annual Ice Cream Bicycle Tour. Details to follow.



**WEEKLY:**

**Tuesday: Track Workouts at Harvard – 6:15 pm warm-up (Updates on listserv)**

**Saturday: Fresh Pond Races year-round, rain, snow, or shine (10:00 am start)**

**RACE IDEAS FOR May/June 2015:**

May 2	4:00 pm	Ironstone Derby Race 5K	Lowell, MA
May 3	2:20 pm	Westford Road Race	Westford, MA
May 10	8:30 am	Strivers Mother's Day 5K	Natick, MA
May 10	8:00 am	Mother's Day 5K	Amesbury, MA
May 23	8:15 am	Memorial Day 15K Trail Race	Lenox, MA
June 6	8:00 am	Ashland State Park Trail Race	Ashland, MA
June 7	8:00am	Twin Lobster Half Marathon	Gloucester, MA
June 17	6:30pm	22 <sup>nd</sup> Louise Rossetti 5K for Women	Beverly, MA
June 21	8:00am	BAA 10K	Boston, MA

**2015 USATF Grand Prix Series:**

May 24	8:03 am	Vermont City Marathon	Burlington, VT
June 11	6:30 pm	Hollis Fast 5km	Hollis, NH
August 9	9:00 am	Bobby Doyle 5 miler	Narragansett, RI
September 6	TBD	Seasons 20 km	Acton, MA
September 20	9:00 am	Lone Gull 10 km	Gloucester, MA

(Remember everyone needs to have a current USATF number to score for CSU)

**2015 New England Pub Race Series**

May 3	9:30am	1st Liam Maguire's Irish Pub Almost 5-Miler	Falmouth, MA
August 20	TBD	3rd Annual Napper Tandy's Flyer 4M	Norwood, MA
October 4	11:30am	7th Annual Bernie's Run 3M	Dedham, MA
October 18	TBD	14th Annual Paddy's Shillelagh Shuffle 3M	W. Newton, MA

(Remember to update your New England Runner subscription to be in the running for the Shillelagh and a Jacket)

**CSU ANNOUNCEMENTS**

- *Big CSU thank you to Diane McLaughlin and all the volunteers who make the Saturday Fresh Pond Races such a success all year round! If you want to help out - contact Diane at [laugh@mit.edu](mailto:laugh@mit.edu) for more details.*
- *Have a Ride or Need a Ride? if you are driving to a CSU event/race or need a ride -- please share that info on the CSU listserv or website!*
- *New Members – Please contact Gail Breslow, [gail@csurun.org](mailto:gail@csurun.org), or Catherine Cagle, [cat@csurun.org](mailto:cat@csurun.org), so we can welcome you and introduce you to others!*
- *Need CSU gear – contact Catherine Cagle, [cat@csurun.org](mailto:cat@csurun.org)*