



CSU Newsletter

May 2017

NEW ENGLAND'S PREMIER ATHLETIC CLUB SINCE 1962

Congrats Marathon Runners!

Congratulations to all Boston Marathon runners, and a special CSU thank you to Patrick & Elizabeth Bugbee for hosting the CSU Carbo Load Party!

Get Your CSU Gear!

Want to purchase a CSU vest or jacket? Please contact **Catherine** (cat@csurun.org) as we're hoping to make an order this Spring. We also have a few extra hats and gloves in stock now.

Fresh Pond Day: May 20th

CSU is hosting a booth at Fresh Pond Day on Saturday, May 20th from 11am-3pm. The event consists of fun, food & festivities. We need volunteers to staff CSU's booth to share info about CSU, recruit new members, and promote the Saturday Fresh Pond Races.

Able to volunteer? Contact **Gail** (gail@csurun.org)

Want to Host a Workout?

We're looking for volunteers to host CSU's weekly Thursday night hill/tempo runs and monthly Sunday morning long runs.

If you're able to host, please contact **Kristi** (Kristi@csurun.org).

BOSTON MARATHON			
Name	Chip Time	Pace	Age Group
Neil Martin	2:49:42	6:29	M39
Patrick Bugbee	2:50:58	6:32	M33
Danny Muehlschlegel	2:56:16	6:44	M43
Morgan Brown	3:25:16	7:50	M32
Dima Feinhaus	3:33:34	8:09	M54
Alan Paine	3:49:23	8:45	M52
Stephen Peckiconis	4:10:25	9:34	M58
Naomi Hasegawa	4:13:07	9:40	F51
Tim O'Brien	4:16:19	9:47	M45
Joseph Selvaggi	4:17:19	9:49	M51
William Pine	4:21:36	9:59	M65
Meghan Lipcon	5:17:11	12:06	F38

DOYLE'S EMERALD NECKLACE 5 MILER				
Name	Chip Time	Pace	Div. Place	Age Group
Patrick Bugbee	27:11	5:26	5	M30-39
Kevin Delaney	28:49	5:46	3	M40-49
Terry McNatt	30:03	6:00	6	M50-59
Jon Waldron	32:26	6:29	10	M50-59
William Pine	33:21	6:40	3	M60-69
Brian Igoe	33:38	6:43	4	M60-69
Elizabeth Bugbee	34:50	6:58	9	F30-39
Stephen Peckiconis	36:40	7:20	25	M50-59

MAY 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1.	2. Outdoor Track (Harvard, 6:30pm)	3.	4. Hill Workout (Pinar, Brighton, 6:30pm)	5.	6. Fresh Pond Race (Cambridge, 10am)
7.	8.	9. Outdoor Track (Harvard, 6:30pm)	10.	11. Hill Workout (Jonathan & Barb, Somerville, 6:30pm)	12.	13. Fresh Pond Race (Cambridge, 10am)
14. Group Long Run (Battle Road, 9am)	15.	16. Outdoor Track (Harvard, 6:30pm)	17.	18.	19.	20. Fresh Pond Day (Cambridge, 11am-3pm) – NO RACE
21. Group Long Run (Battle Road, 9am)	22.	23. Outdoor Track (Harvard, 6:30pm)	24.	25.	26.	27. Fresh Pond Race (Cambridge, 10am)
28. Group Long Run (Battle Road, 9am)	29.	30. Outdoor Track (Harvard, 6:30pm)	31.	1.	2.	3. Fresh Pond Race (Cambridge, 10am)

2017 USATF-NE Grand Prix Series			
Date	Time	Race	Location
Sunday, February 26	11:00 a.m.	Amherst 10 Miler	Amherst, MA
Sunday, March 19	11:00 a.m.	New Bedford Half Marathon	New Bedford, MA
Saturday, April 1	10:00 a.m.	Frank Nealon Boston Tune-Up 15K (Cancelled)	Upton, MA
Sunday, June 18	9:00 a.m.	St. Joseph Healthcare Ribfest 5 Miler	Merrimack, NH
Sunday, September 17	11:00 a.m.	Downtown 5K	Providence, RI
Sunday, September 24	9:00 a.m.	Lone Gull 10K	Gloucester, MA
Sunday, October 22	8:00 a.m.	Bay State Marathon	Lowell, MA

2017 New England Runner Pub Series			
Date	Time	Race	Location
Sunday, March 26	9:30 a.m.	An Ras Mor 5K	Cambridge, MA

Sunday, April 9	11:00 a.m.	Doyle's 5 Miler	Jamaica Plain, MA
Sunday, June 4	Unknown	Corrib Pub 5K	West Roxbury, MA
Sunday, August 13	11:00 a.m.	Memphis BBQ 5K	Somerville, MA
Saturday, September 9	10:00 a.m.	Irish Music Festival 5K	Pawtucket, RI
Sunday, October 15	11:30 a.m.	Paddy's 3 Miler	West Newton, MA

GET INVOLVED!

Want to Volunteer?

Have ideas for the running section, or want to get involved with one of the many volunteer roles? Contact **Catherine** (cat@csurun.org)

Share Your Pictures

If you have pictures of any CSU members from recent events/races, please email them to **Kristi** (kristi@csurun.org) so they can be shared on the Facebook page or included in an upcoming newsletter!

New Members

Please contact **Catherine** (cat@csurun.org) so we can welcome you to the club and introduce you to others!

Like Us On Facebook

Follow our Facebook page "**CambridgeSportsUnionRunners**" for the latest club news, updates, pictures and announcements

Carpooling

If you are driving to a CSU event/race, or need a ride, please share that information on the CSU listserv or Facebook page.



Cambridge Sports Union Newsletter Editors

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