



NEW ENGLAND'S PREMIER ATHLETIC CLUB SINCE 1962



7 More Volunteers Needed for JP Morgan Chase Corporate Challenge Race – June 8th

CSU is seeking 7 more volunteers to help out at the medical tents at the start/finish line in the Boston Common on Thursday, June 8th from 6-8pm. CSU receives \$30 for each volunteer, which helps fund club activities, events and race fees. Friends, family and co-workers are welcome! Please contact Catherine (cat@csurun.org).

Presidential Traverse – June 24th

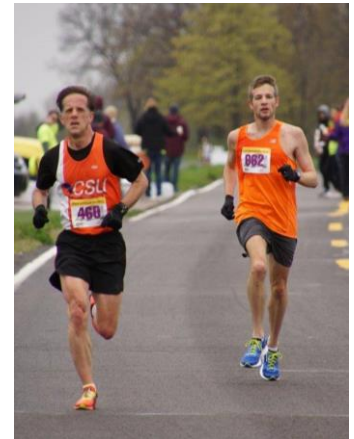
The traverse is a ~20 mile hike with about 10,000 feet of elevation covering all of the Presidential peaks in the White Mountains. There is also an abridged and less strenuous hike option for those interested. Please contact Julie (julie@weismans.net) to RSVP or for more information.

CSU Inc. Annual Meeting – June 19th

Please mark your calendars for CSU Inc.'s annual meeting on Monday, June 19th. The meeting will be held at the home of Pat Robinson & Henry Finch in Waban, MA. There will be a potluck dinner followed by the meeting. Please RSVP to Pat (pat@csurun.org) if you plan to attend.

Want to Host a CSU Workout in June?

We're looking for volunteers to host CSU's weekly Thursday night hill/tempo runs and monthly Sunday morning long runs. If you're able to host, please contact Kristi (Kristi@csurun.org).



| June 2017 | | | | | | |
|--|--|---|-----------|--|--------|---|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | | | | 1. | 2. | 3. Fresh Pond Race (Cambridge, 10am) |
| 4. Pub Series: Corrib Pub 5K (West Roxbury, 10am) Group Long Run (Pinar Zengingonul, Brighton, 9am) | 5. | 6. Outdoor Track (Harvard, 6:30pm) | 7. | 8. Corporate Challenge Race (Boston, 6am) | 9. | 10. Fresh Pond Race (Cambridge, 10am) |
| 11. Group Long Run (Battle Road, 9am) | 12. | 13. Outdoor Track (Harvard, 6:30pm) | 14. | 15. Hill Workout (Jon Waldron, Newton, 6:30pm) | 16. | 17. Fresh Pond Race (Cambridge, 10am) |
| 18. Grand Prix: Ribfest 5 Miler (Merrimack, 9am) | 19. Annual CSU Meeting (Waban, 6:30pm) | 20. Outdoor Track (Harvard, 6:30pm) | 21. | 22. | 23. | 24. CSU Presidential Traverse (White Mtns) Fresh Pond Race (Cambridge, 10am) |
| 25. Group Long Run (Battle Road, 9am) | 26. | 27. Outdoor Track (Harvard, 6:30pm) | 28. | 29. | 30. | |

| 2017 USATF-NE Grand Prix Series | | | |
|---------------------------------|------------|---|-----------------|
| Date | Time | Race | Location |
| Sunday, February 26 | 11:00 a.m. | Amherst 10 Miler | Amherst, MA |
| Sunday, March 19 | 11:00 a.m. | New Bedford Half Marathon | New Bedford, MA |
| Saturday, April 1 | 10:00 a.m. | Frank Nealon Boston Tune-Up 15K (Cancelled) | Upton, MA |
| Sunday, June 18 | 9:00 a.m. | St. Joseph Healthcare Ribfest 5 Miler | Merrimack, NH |
| Sunday, September 17 | 11:00 a.m. | Downtown 5K | Providence, RI |
| Sunday, September 24 | 9:00 a.m. | Lone Gull 10K | Gloucester, MA |
| Sunday, October 22 | 8:00 a.m. | Bay State Marathon | Lowell, MA |

| 2017 New England Runner Pub Series | | | |
|------------------------------------|------------|-------------------------|-------------------|
| Date | Time | Race | Location |
| Sunday, March 26 | 9:30 a.m. | An Ras Mor 5K | Cambridge, MA |
| Sunday, April 9 | 11:00 a.m. | Doyle's 5 Miler | Jamaica Plain, MA |
| Sunday, June 4 | 10:00 a.m. | Corrib Pub 5K | West Roxbury, MA |
| Sunday, August 13 | 11:00 a.m. | Memphis BBQ 5K | Somerville, MA |
| Saturday, September 9 | 10:00 a.m. | Irish Music Festival 5K | Pawtucket, RI |
| Sunday, October 15 | 11:30 a.m. | Paddy's 3 Miler | West Newton, MA |

GET INVOLVED!

Want to Volunteer?

Have ideas for the running section, or want to get involved with one of the many volunteer roles? Contact **Catherine** (cat@csurun.org)

Share Your Pictures

If you have pictures of any CSU members from recent events/races, please email them to **Kristi** (kristi@csurun.org) so they can be shared on the Facebook page or included in an upcoming newsletter!

New Members

Please contact **Catherine** (cat@csurun.org) so we can welcome you to the club and introduce you to others!

Like Us On Facebook

Follow our Facebook page "CambridgeSportsUnionRunners" for the latest club news, updates, pictures and announcements

Carpooling

If you are driving to a CSU event/race, or need a ride, please share that information on the CSU listserv or Facebook page.



Cambridge Sports Union Newsletter Editors

Kristi Dmukauskas & Catherine Cagle